

GreenMAP

Canoeing Gear List

*This list contains all of the items you will be responsible for, all other activity specific gear will be provided by GreenMAP!

Clothing – Wicking Layer

- 1 Polypropylene or other synthetic long sleeve top/ bottoms (long underwear)
- 2 T-shirt (preferably non-cotton)
- 1 Pair camp shorts
- 1 Polypropylene or other synthetic pants/convertible pants (for bug and sun protection)
- Bathing suit/swim trunks

Clothing – Insulation Layer

- Fleece or wool sweater/jacket
- Stocking cap

Clothing – Outer Layer

- Weatherproof jacket or poncho
- Weatherproof pants

Footwear

- 2-3 pairs of wool/synthetic hiking socks
- Light hiking boots / running sneakers
- Water shoes/sturdy sandals, or cros

Accessories

- Brimmed hat
- Sunglasses (with sunglass straps)
- Bandanna(s)
- Flashlight/headlamp with extra batteries
- Camera (with extra batteries and dry case)
- Pocket knife or multi-tool

Culinary Needs

- Water bottles (at least 2 quarts worth)
- Cup or Mug
- Spoon
- Lightweight, durable bowl or plate

Hygiene

- Toothbrush and toothpaste
- Sunscreen
- Lip balm
- Insect repellent
- Personal first aid kit (w/ personal medications)

Camp Needs

- Sleeping bag (20 or 40 degree)*
- Sleeping pad*
- Camping pillow

Other Items

- Daypack (book bag sized)
- Notebook/pencil

Optional

- Book
- Deck of cards
- Bug net (for head)

*GreenMAP has limited amount for rent. Contact us for availability.

