

SPRING 2009 GREENMAP SCHEDULE

Winter Travel Management GreenMAPIT

Dates: January 15-19

*Telemark ski lessons on Jan. 15 at Pico Mountain. Backcountry trip to the Adirondacks
Jan. 16-19.*

GreenMAP Leaders Only

Leader: Bruce Saxman

New Leader Orientation

Date: January 21

GreenMAP Leaders Only

Leader: Bruce Saxman

Kayak Rolling Instructors Clinic

Date: January 26

Learn how to teach how to roll. You must already know how to roll.

Leader: Tom Barry

Wednesday Shuttle to Killington

Dates: January 28

*Meet 10:30 am at GreenMAP. Telemark ski lessons are available for groups of three or
more. Shuttle arrives back on campus by 5:30*

Number of Participants: 10

Sign-up: Monday January 26

Driver: Kevin Rockey

Adirondacks Ice Climbing Day Trip

Date: Wednesday January 28, 8 am

All skill levels welcome!

Number of Participants: 9

Sign-up: Tuesday January 20

Leaders: Zach Behney, Tom Stuessy

Adirondacks Ice Climbing

Dates: January 31-February 1

All skill levels welcome! Saturday night will be spent in a hostel.

Number of Participants: 9

Sign-up: Tuesday January 20

Pre-trip Meeting: Wednesday January 28

Leaders: Nate Higgs, Zach Behney

Jay Peak Skiing and Snowboarding

Co-sponsored by Student Activities

Dates: January 30-February 1

Enjoy the best skiing and riding in Vermont on the trip that has become a GreenMAP classic. Includes 2 nights lodging, 2 day lift ticket, & Saturday evening meal.

Number of Participants: 13

Sign-up: Tuesday January 20

Pre-trip Meeting: Wednesday January 28

Leaders: Bruce Saxman, Michele Bersaw

Price: \$95 due at registration

Kayak Roll Session

Date: February 3, 8:00-9:30 pm

Waldron Pool

Drop-in and work on your kayak rolling skills!

Leader: Jon Debay

Sunset Snowshoe Hike, Endless Brook Nature Preserve

Date: Wednesday February 4, 4:00-6:30 (5:15 sunset)

Dress warm and bring a headlamp or flashlight! Meet at GreenMAP.

Number of Participants: 10

Sign-up: Monday February 2

Leader: Candy Smith

Rock Gym Shuttle

Date: February 4, 1:30-6:00 pm

Does not include \$10 fee at Green Mountain Rock Climbing Center.

Number of Participants: 10

Sign-up: Monday February 2

Driver: Zach Behney

Beginner Mountaineering, Adirondacks

Dates: February 6-8

Course will cover basic mountaineering and winter camping techniques and ascent of one of the Adirondack High Peaks.

Number of Participants: 6

Sign-up: Monday January 26

Pre-trip Meeting: Wednesday February 4

Leaders: Bruce Saxman, Derek Gavelis

Women's Ice Climbing Day trip

Dates: Wednesday, February 11, 8 am

All skill levels welcome for this women's only trip.

Number of Participants: 8

Sign-up: Monday February 2

Leaders: Tom Stuessy, Therese Mergen

Tuesday Night Kayak Polo

Date: February 17 8:00-9:30 pm, Waldron Pool
Drop-in with your bathing suit and A-game!
Leader: Aaron Strock

Wednesday Shuttle to Killington

Dates: February 18
Meet 10:30 am at GreenMAP. Telemark ski lessons are available for groups of three or more. Shuttle arrives back on campus by 5:30.
Number of Participants: 10
Sign-up: Monday February 16
Driver: Candy Smith

Sunset Snowshoe Hike, Endless Brook Nature Preserve

Date: Wednesday, February 18, 4:15-6:45 (5:33 sunset)
Dress warm and bring a headlamp or flashlight! Meet at GreenMAP.
Number of Participants: 10
Sign-up: Monday February 16
Leader: Jenna Calvi

Adirondacks Ice Climbing

All skill levels welcome! Saturday night will be spent in a hostel.
Dates: February 21-22
Number of Participants: 7
Sign ups: Monday February 9
Pre-trip Meeting: Wednesday February 18
Leaders: Tom Stuessy, Nate Higgs

Women's Snowshoeing, Adirondack High Peaks

Dates: February 20-22
Ladies only! This trip will cover the basics of snowshoeing and winter camping.
Number of Participants: 6
Sign-up: Monday February 9
Pre-trip Meeting: Wednesday February 18
Leaders: Jenna Calvi, Lisa Gilbert

Backcountry Skiing and Snowboarding Day Trip

Date: Wednesday, February 25, 8 am
We'll go wherever the snow is best. Participants must be able to ski and ride at an intermediate level.
Number of Participants: 8
Sign ups: Monday February 16
Leader: Bruce Saxman, Nate Higgs

Kayak Roll Session

Date: March 3, 8:00-9:30 pm

Waldron Pool
Drop-in and work on your kayak rolling skills!
Leader: Kevin Rafkin

Rock Gym Shuttle
Date: March 4, 1:30-6:00 pm
Does not include \$10 fee at Green Mountain Rock Climbing Center.
Number of Participants: 10
Sign-up: Monday March 2
Driver: Candy Smith

Adirondacks Ice Climbing Day Trip
Date: Wednesday, March 4
All skill levels welcome!
Number of Participants: 7
Sign-up: Monday February 23
Leaders: Zach Behney, Bruce Saxman

SPRING BREAK!!!

Rock Climbing El Potrero Chico, Mexico
Dates: March 6-15
Pull hard all break. El Potrero Chico is a world class limestone sport climbing area with climbs from 80 – 2300 ft. Includes airfare, shuttle, camping, local guides and food.
Number of Participants: 6
Sign-up: Tuesday January 20
Pre-trip Meeting: Wednesday, March 4 @ 8:30 pm
Leaders: Zach Behney, Nate Higgs
Price: \$800
\$400 deposit due February 1

Backcountry Skiing & Riding, San Juan Mountains, Colorado
Dates: March 7-15
Check out this incredible deal: One day of skiing at Wolf Creek Ski area, five days in backcountry yurts, all lodging, transportation in Colorado, backcountry food, and permits. Does not include Airfare! You must arrive in Denver by 12 pm March 7.
Number of Participants: 6
Sign-up: Tuesday January 20
Pre-trip Meeting: Wednesday, March 4
Leaders: Bruce Saxman, Mick Daniel
Price: \$500
\$250 due by February 1

Wilderness First Responder
Dates: March 7-15

The Wilderness First Responder course has been designed specifically to meet the needs of wilderness guides, expedition leaders, and outdoor instructors. It is the outdoor education and recreation industry's standard for wilderness medical training. It is the wilderness medicine training course for outdoor professionals...and the course you want your friends to have taken before you travel with them. The course includes WMTA adult CPR certification.

Instructor: Josh Cole, Mat Erpelding

Price: \$500

Deposit of \$250 is due by February 1

Distance Learning Wilderness First Aid & First Responder Recert

Dates: March 14-15

Wilderness First Aid workshops are designed to introduce participants to the concepts of medical care in a wilderness setting. The course focuses on Basic Life Support skills, minor trauma and selected environmental topics, the spine assessment and ruling out process, allergic & toxic reactions. As with all our courses, the majority of time is spent in hands-on skills practice and simulations. The Distance Learning WFA/Recert requires successful completion of an on-line test prior to attending the practical session. A completion card is given to each participant at the end of the course. While the course includes instruction in adult CPR techniques, due to time constraints CPR certification is not included. Our 24 hour WFA course may be used to recertify WFAA, WFR, and WEMT certifications. To receive certification graduates must complete the on-line Review & Recertification exam.

Instructor: Mat Erpelding

Price: \$225

Deposit of \$250 is due by February 1

Tuesday Night Kayak Polo

Date: March 17 8:00-9:30 pm

Waldron Pool

Drop-in with your bathing suit and A-game!

Leader: Ben Halay

Sunset Snowshoe Hike, Endless Brook Nature Preserve

Date: Wednesday, March 18, 5:45-8:15 (7:05 sunset)

Dress warm and bring a headlamp or flashlight! Meet at GreenMAP.

Number of Participants: 10

Sign-up: Monday March 16

Leader: Candy Smith

Clinic: Snow Shelter Building

Date: Thursday, March 19, 7:00-9:00 pm

Don't get left in the cold. Hot drinks will be provided!

Sign-up: Monday March 16

Leaders: Aaron Strock, Jon Debay, Derek Gavelis

Adirondacks Ice Climbing

Dates: March 21-22

All skill levels welcome! Saturday night will be spent in a hostel.

Number of Participants: 7

Sign-up: Monday March 2

Pre-trip Meeting: Wednesday March 18

Leaders: Tom Stuessy, Zach Behney

Wednesday Shuttle to Killington

Dates: March 25

Meet 10:30 am at GreenMAP. Telemark ski lessons are available for groups of three or more. Shuttle arrives back on campus by 5:30.

Number of Participants: 10

Sign-up: Monday March 23

Driver: Nate Higgs

Women's Snowshoe Day Trip

Date: Wednesday, March 25

Women of all skill levels welcome!

Number of Participants: 9

Sign-up: Monday March 16

Leaders: Candy Smith

Mt. Cardigan Backcountry Skiing, Snowboarding, & Snowshoe

Dates: March 27-29

All snow travelers welcome! After a night hike we will be staying in the Cardigan High Cabin Friday and Saturday to access some great backcountry terrain. Skiers and snowboarders must be able to ski blue trails with confidence.

Number of Participants: 7

Sign-up: Monday March 16

Pre-trip Meeting: Wednesday March 25

Leaders: Bruce Saxman, Lisa Gilbert

Kayak Roll Session

Date: March 31 8:00-9:30 pm

Waldron Pool

Drop-in and work on your kayak rolling skills!

Leader: Aaron Strock

Sunset Snowshoe Hike, Endless Brook Nature Preserve

Date: Wednesday, April 1, 6:00-8:30 (7:20 sunset)

Dress warm and bring a headlamp or flashlight! Meet at GreenMAP.

Number of Participants: 10

Sign-up: Monday March 30

Leader: Jon DeBay

Rock Gym Shuttle

Date: April 8, 1:30-6:00 pm

Does not include \$10 fee at Green Mountain Rock Climbing Center.

Number of Participants: 10

Sign-up: Monday April 6

Driver: Jenna Calvi

Easter Break

Adirondacks Backcountry Skiing & Snowboarding

Dates: April 10-13

Access some of the best backcountry terrain in the east! We will be camping for this three day weekend. Participants must be able to ski black diamond ski trails with confidence.

Number of Participants: 6

Sign-up: Monday March 30

Pre-trip Meeting: Wednesday April 8

Leaders: Bruce Saxman, Aaron Strock

Tuesday Night Kayak Polo

Date: April 14 8:00-9:30 pm

Waldron Pool

Drop-in with your bathing suit and A-game!

Leader: Erik Debbink

Telemark Ski Workshop, Killington Resort

Date: Wednesday April 15, 8am

Participants must have a Killington Ski Pass.

Number of Participants: 10

Sign ups: Monday, April 6

Leader: Bruce Saxman

Rock Climbing GreenMAPIT

Dates: April 17-19

GreenMAP Leaders Only.

Pre-trip Meeting: Wednesday April 15

Leaders: Bruce Saxman

Bike Polo

Date: Thursday April 16 4:00-6:00 pm

Bring your bike and helmet!

Leader: Bruce Saxman

Intermediate Whitewater Paddling

Dates: April 17-19

Participants must be able to paddle class II whitewater with confidence.

Number of Participants: 9

Sign-ups: Monday April 6
Pre-trip Meeting: Wednesday, April 15
Leaders: Bob Brody, Erik Debbink

Whitewater Paddling Day Trip

Date: Wednesday April 22
Participants must be able to paddle class II whitewater with confidence.
Number of Participants: 8
Sign-up: Tuesday, April 14
Leaders: Kevin Rafkin, Bruce Saxman

Kayak Roll Session

Date: April 28 8:00-9:30 pm
Waldron Pool
Drop-in and work on your kayak rolling skills!
Leader: Ben Halay

Beginner Whitewater Canoe Day Trip

Date: Wednesday, April 29
Learn the basics of paddling tandem canoes in whitewater.
Number of Participants: 9
Sign-up: Monday April 20
Leaders: Kevin Rafkin, Bruce Saxman

Bike Polo

Date: Thursday April 30, 4:00-6:00 pm
Bring your bike and helmet!
Leader: Bruce Saxman

Western Adirondacks Canoe Trip

Dates: May 1-3
Beat the bugs with this early season paddle!
Number of Participants: 10
Sign-up: Monday, April 20
Pre-trip Meeting: Wednesday April 29
Leaders: Kevin Rafkin, Jenna Calvi

Backcountry Ski/Snowboard Gulf of Slides & Tuckerman Ravine, NH

Dates: May 1-3
The East Coast Classic. Participants must be able to ski and ride black diamond ski trails with confidence.
Number of Participants: 8
Sign-up: Monday April 20
Pre-trip Meeting: Wednesday April 29
Leaders: Timm Philips, Nate Higgs

Rock Gym Shuttle

Date: May 6, 1:30-6:00 pm

Does not include \$10 fee at Green Mountain Rock Climbing Center.

Number of Participants: 10

Sign-up: Monday May 4

Driver: Kevin Rafkin

ON GOING PROGRAMMING EVERY WEEK:

Monday Night Pool Sessions

Waldron Pool

Starting January 26

8:00-9:30 pm

Tele Thursdays

Every Thursday, January 29-March 26

Free Telemark Ski Rentals & Lessons all season! Register for a lesson at least two days in advance.