

SPRING 2010 GREENMAP SCHEDULE

ALL PRE-TRIP MEETINGS ARE THE WEDNESDAY PRIOR TO THE TRIP AT 8:30 PM SHARP. IF YOU ARE LATE YOUR SPOT WILL BE FILLED BY SOMEONE ON THE WAITING LIST.

Weekly Events

Monday Kayak Pool Sessions – 8:30-10:00 Waldron Pool

American Institute for Avalanche Research and Education (AIARE) Level 1

Avalanche Training

Dates: January 11th-13th

The level one is a 3 day/24 hour introduction to avalanche hazard management. The course is expected to: Provide a basic understanding of avalanches, describe a framework for decision making and risk management in avalanche terrain, focus on identifying the right questions, rather than on providing “answers,” give lessons and exercises that are practically oriented, useful, and applicable in the field.

Instructor: John Kascenska

Registration opens: December 1

Price: \$150

Winter Travel GMAPIT

Dates: January 14th-17th

Winter group management training for GreenMAP Leaders.

Leaders:

Registration opens: N/A

Killington Shuttle

Dates: January 20th

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Sam

Registration opens: January 4th

Adirondacks Ice Climbing Day Trip

Dates: January 20th

All skill levels welcome! Meet in GreenMAP 8 AM.

Leaders: Bruce, Jon O.

Registration opens: January 4th

Wilderness First Responder Re-certification

Date: January 23-24

From the Wilderness Medicine Training Center website: “Our Review & Re-certification course is designed for graduates of our Wilderness Advanced First Aid course, our Wilderness First Responder course, and our Wilderness EMT module. Graduates from all courses are encouraged to attend on a yearly basis to maintain and polish their skills. Our Review & Re-certification course focuses on the trauma and environmental syllabi. Over 60% of the course is hands-on skill review, role plays, and simulations. This is especially important for those who do not work as primary care rescuers. Prior to your course you should thoroughly review your original course materials; there will NOT be enough time in your course to cover all the material presented in your original course...yet you are still responsible for knowing it. If this is your first WMTC course you should purchase and study [the Art and Technique of Wilderness Medicine](#) prior to your course. If you are a WMTC graduate and already have a copy of our text, check for [updates](#) by clicking on this link. The course includes WMTC Wilderness CPR & AED certification.” The course will have a distance learning format that will need to be completed ahead of time.

Instructor: Mat Erpelding

Registration opens: September 1

Cost: \$250 GMC/\$280 Community

Killington Shuttle

Dates: January 27th

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Bruce, Sam

Registration opens: January 11th

Jay Peak Skiing and Snowboarding

Co-sponsored by Student Activities

Dates: January 30th-31st

Enjoy the best skiing and riding in Vermont on the trip that has become a GreenMAP classic. Includes 2 nights lodging, 2 day lift ticket, & Saturday evening meal.

Leaders: Bruce, Michelle Bersaw

Registration opens: January 18th

Pre-trip meeting: January 27th at 8:30 pm

Cost: \$95

Dix Mountain Wilderness Backcountry Skiing/Snowboarding/Snowshoeing

Dates: February 5th-7th

Experience Adirondack adventure skiing at its finest. Snowshoers also welcome. Skiers & snowboarders must be able to ride black diamond terrain. Skiers must use either AT or telemark gear. Snowboarders must either snowshoe or use a split board.

Leaders: Mariano, Aaron, Bruce

Registration opens: January 25th

Pre-trip meeting: February 3rd at 8:30 pm

Killington Shuttle

Dates: February 10th

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Bruce, Sam

Registration opens: February 1st

Professional Ski Instructors of America

Level 1 Telemark Instructor Course, Mt Abram, ME

Dates: February 13th-14th

The Certified Level I process consists of primarily an educational workshop that includes an assessment of basic skiing skills, teaching skills, and professional knowledge (which refers to technical and mechanical knowledge as well as to knowledge of customer service, PSIA, the ski industry, and risk management). Course cost does not include PSIA National and Eastern Division dues of \$109.

Instructors: Jim Tasse, Bruce Saxman

Registration opens: February 1st

Pre-trip meeting: February 11th at 8:30 pm

Cost: \$140

Backcountry Skiing/Snowboarding/Snowshoeing Day Trip

Dates: February 17th

We'll go wherever the snow is best. Skiers & Snowboarders must be able to ride at an intermediate level. Meet in GreenMAP 8 AM.

Leaders: Bruce

Registration opens: February 8th

Adirondacks Ice Climbing Day Trip

Dates: February 20th

All skill levels welcome! Meet in GreenMAP 8 AM.

Leaders: Tom, Tyler

Registration opens: February 8th

Pico Shuttle

Dates: February 24th

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Sam, Bruce

Registration opens: February 15th

Mt. Cardigan, NH Backcountry Skiing/Snowboarding/Snowshoeing

Dates: February 26-28

All snow travelers welcome! After a night hike we will be staying in the Cardigan High Cabin Friday and Saturday to access some great backcountry terrain. Skiers and snowboarders must be able to ski at an intermediate level.

Leaders: Alaina, Mariano

Registration opens: February 15

Pre-trip meeting: February 24 at 8:30 pm

Killington Shuttle

Dates: March 3rd

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Sam, Ben

Registration opens: February 22nd

Adirondacks Ice Climbing Day Trip

Dates: March 3rd

All skill levels welcome! Meet in GreenMAP 8 AM.

Leaders: Bruce, Jon O.

Registration opens: February 22nd

SPRING BREAK

Katahdin, ME Backcountry Riding and Climbing

Dates: March 6th-14th

Katahdin. The greatest mountain. Join GreenMAP on a ice climbing and backcountry skiing adventure to Maine's crown jewel. Katahdin is very remote. Be prepared for winter camping and travel in one of New England's wildest places. For more information contact Bruce in the GreenMAP office. Trip price does not include food.

Leaders: Bruce, Nate F.

Registration opens: February 22nd

Pre-trip meeting: March 3rd

Cost: \$95

Kiteboarding and Backpacking the Georgia Coast

Dates: March 6th-14th

Tired of winter? After a couple days kiteboarding near Savannah, Georgia we'll head down to Cumberland Island for some backpacking and maybe even some sun bathing.

Trip price does not include food.

Leaders: Chuck, Alaina

Registration opens: February 22nd

Pre-trip meeting: March 3

Cost: \$350

Wilderness First Responder

Dates: March 7-15

The Wilderness First Responder course has been designed specifically to meet the needs of wilderness guides, expedition leaders, and outdoor instructors. It is the outdoor education and recreation industry's standard for wilderness medical training. It is the wilderness medicine training course for outdoor professionals...and the course you want your friends to have taken before you travel with them. The course includes WMTA adult CPR certification.

Instructor: Jeanette Stawski

Registration opens: January 23

Price: \$500

Deposit of \$250 is due by February 1

Killington Shuttle

Dates: March 17th

Ski and snowboard coaching available! Meet in GreenMAP 8:30 AM.

Leaders: Sam, Kevin

Registration opens: March 1st

Adirondacks Ice Climbing Day Trip

Dates: March 20th

All skill levels welcome! Meet in GreenMAP 8 AM.

Leaders: Tom, Tyler

Registration opens: March 15

Telemark Ski Clinic

Dates: March 21

Learn the telemark turn. Free your heel, ski for real. Does not include ski pass.

Leaders: Luca

Registration opens: March 15th

Backcountry Skiing/Snowboarding/Snowshoeing Day Trip

Dates: March 24th

We'll go wherever the snow is best. Skiers & Snowboarders must be able to ride at an intermediate level. Meet in GreenMAP 8 AM.

Leaders: Mariano, Aaron

Registration opens: March 15th

White Mountains, NH Backcountry Skiing/Snowboarding/Snowshoeing Day Trip

Dates: April 2-5

Access some of the best backcountry terrain in the east! We will be camping for this three day weekend. Participants must be able to ski black diamond ski trails with confidence.

Leaders: Bruce, Alaina

Registration opens: March 22

Pre-trip meeting: March 31 at 8:30 pm

Adirondacks Backpacking

Dates: April 2-5

Ring in spring with this early backpacking trip!

Leaders: Derek, Jon

Registration opens: March 22

Pre-trip meeting: March 31 at 8:30 pm

Whitewater Kayaking GMAPIT

Dates: April 10th-11th

Whitewater training for GreenMAP Paddling Instructors.

Leaders: Bruce

Registration opens: N/A

Pre-trip meeting: April 7th

Telemark Ski Clinic

Dates: April 11

Learn the telemark turn. Free your heel, ski for real. Does not include ski pass.

Leaders: Luca

Registration opens: March 29

Whitewater Day Trip

Dates: April 14th

Participants must be able to paddle class II whitewater with confidence. Meet in GreenMAP 8 am

Leaders: Bruce, Ben, Kevin

Registration opens: April 5

Lake George Sea Kayaking

Dates: April 16th-18th

Tour the islands of the Lake George Narrows.

Leaders: Mariano, Aaron

Registration opens: April 5

Pre-trip meeting: April 14

Adirondacks Rock Climbing

Dates: April 16th-18th

All skill levels welcome!

Leaders: Nate, Tyler

Registration opens: April 5

Pre-trip meeting: April 14th

Whitewater Canoe Day Trip

Dates: April 21

Learn the basics of paddling tandem canoes in whitewater. Meet in GreenMAP 8 AM.

Leaders: Bruce, Kevin

Registration opens: April 12th

GreenMAP Leader Meeting

Date: April 21

Fall Planning Meeting for GreenMAP Leaders.

ACA Course Prep Day

Dates: April 28

Practice day for the upcoming ACA Course.

Leaders: Bruce

Registration opens: April 12th

ACA Level 3:4 Whitewater Instructor Development Workshop/Certification Exam

Dates: April 25th-May 2nd

This American Canoe Association Instructor Development Workshop is for paddlers with prior teaching and paddling experience and is the first step to becoming an ACA Kayak Instructor. This may also be used as an instructor update for current instructors or certification exam for those who have already completed an IDW. Students should be comfortable on class 3 whitewater and have a reliable roll. For more details contact Bruce at the GreenMAP office.

Leaders: Ben Lawry

Registration opens: January 18

Cost: \$300

ACA Essentials of Canoeing Course

Dates: May 6th

The ACA Essentials of River Canoeing course is designed as an introduction to paddling rivers safely. Participants learn to catch large eddies and perform simple ferries, recognize and avoid hazards, perform rescues and respond to emergencies on moving water rivers. No Experience Necessary!

Leaders: Bruce

Registration opens: April 26th

Rock Climbing GMAPIT

Dates: May 12th-14th

Training in bottom managed climbing sites for GreenMAP Leaders.

Leaders: Nate F., Bruce

Registration opens: N/A

Pre-trip meeting: May 5th

Sea Kayaking

Dates: May 17th-19th

Sea Kayak Training for GreenMAP Leaders. Whitewater GMAPIT is a Prerequisite.

Leaders: Bruce

Registration opens: N/A

Pre-trip meeting: TBA