

GreenMAP

Backpacking/Yoga Gear List

*This list contains all of the items you will be responsible for, all other activity specific gear will be provided by GreenMAP!

Clothing – Wicking Layer

- 1 Polypropylene or other synthetic long sleeve top/ bottoms
- 2 T-shirts (preferably non-cotton)
- 1 Pair camp shorts
- 1 Polypropylene or other synthetic pants/ convertible pants (for bug and sun protection)

Clothing – Insulation Layer

- Fleece or wool sweater/jacket
- Stocking cap

Clothing – Outer Layer

- Weatherproof jacket or poncho
- Weatherproof pants

Footwear

- Sturdy hiking boots
- 3 pairs of wool/synthetic hiking socks
- 2 pairs of liner socks
- Camp shoes (lightweight sneakers or sandals)

Accessories

- Brimmed hat
- Sunglasses
- Bandanna(s)
- Flashlight/headlamp with extra batteries
- Camera (with extra batteries)
- Pocket knife or multi-tool

Culinary Needs

- Water bottles (at least 2 quarts worth)
- Cup or Mug
- Spoon
- Lightweight, durable bowl or plate

Hygiene

- Toothbrush and toothpaste
- Sunscreen
- Lip balm
- Insect repellent
- Personal first aid kit (w/ personal medications)

Camp Needs

- Sleeping bag (20-40°)*
- Sleeping pad*
- Camping pillow

Other Items

- External or Internal Frame Backpack (5000 cu. Inches)*
- Pack cover (or garbage bag to line your pack)
- Notebook/pencil

Optional

- Book
- Deck of cards
- Bug net (for head)
- Bathing suit/swim trunks
- Gaiters

*GreenMAP has limited amount for rent. Contact us for availability.

