

Lake Champlain Sea Kayaking

Lake Champlain lies in the valley between the Adirondacks of New York and the Northern Green Mountains of Vermont. The Lake runs south-north for 110 miles through the Champlain river valley. The Lake is named for the European explorer Samuel de Champlain. Historically the port cities of Burlington, Port Henry, and Plattsburg held significant importance on this water way. During the American Revolution, Lake Champlain was host to the United States first Navy, constructed in Whitehall New York. The lake connected the northern city of Montreal with southern colonial settlements of Glens Falls, Saratoga, and Albany New York. The Lake is home to Fort Ticonderoga and is bordered by Mount Independence and Mount Defiance, all locations rooted in American Revolutionary War history.

Later in United States history, a canal system linked Lake Champlain to the Hudson river; making this water way an essential path for the developing cities in the northern lake to link up with the cities of southern New England. Lake Champlain was briefly included on the list of North American Great Lakes in 1998, though this status was removed the same year.

The Lake affords views of the Adirondacks in the west, notably Mt. Marcy, and the Green Mountains in the east, notably Camels Hump, and Mount Mansfield.



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VIEW OF LAKE CHAMPLAIN LIGHTHOUSE