

Lake George Wild Forest Rock Climbing and Backpacking

The Adirondack Park in Upstate New York was established in 1892. The history of the park is rich in early European frontier history and early United States history. The land and forests of the Adirondacks were the home to battles and fortresses during the French and Indian war as well as sites of conflict during the American Revolution. Today, Lake George and Lake Champlain still have remnants of fortresses from this period. Later in its history the Adirondack Park was home to industries including lumber harvesting and mining. In the late 1800s fear of erosion of the soils due to over harvesting of timber and loss of the wilderness led the New York State Legislation to make the Adirondacks one of the nations first protected forest lands. The Adirondacks are home to 46 peaks at or beyond 4000' ft above sea-level. The Park offers a wide variety of wilderness; from above tree-line tundra climates, to deep hardwood forests to evergreen landscapes and countless beautiful lakes and rivers the Adirondacks offer stunning natural beauty in the 6 million acres of protected land.

The Lake George Wild Forest Area is located in the South Eastern Adirondacks. Lake George is home to Fort William Henry built during the French and Indian War. Lake George is mentioned in James Cooper's novel *Last of the Mohicans* as Lake Horican. Hiking trails in the forest surrounding Lake George follow the shoreline, offering swimming opportunities and camping locations with scenic overlooks of the water and surrounding peaks. The area cliffs and crags are the remnants of continental uplifting and subsequent erosion from the most recent ice age. These cliffs make for some popular rock climbing destinations.



<http://www.bowenn.net/photos/NY45.JPG>

VIEW OF LAKE GEORGE AND SURROUNDING PEAKS