

Pharaoh Lake Wilderness Area Backpacking and Yoga

The Adirondack Park in Upstate New York was established in 1892. The history of the park is rich in early European frontier history and early United States history. The land and forests of the Adirondacks were the home to battles and fortresses during the French and Indian war as well as sites of conflict during the American Revolution. Today, Lake George and Lake Champlain still have remnants of fortresses from this period. Later in its history the Adirondack Park was home to industries including lumber harvesting and mining. In the late 1800s fear of erosion of the soils due to over harvesting of timber and loss of the wilderness led the New York State Legislation to make the Adirondacks one of the nations first protected forest lands. The Adirondacks are home to 46 peaks at or beyond 4000' ft above sea-level. The Park offers a wide variety of wilderness; from above tree-line tundra climates, to deep hardwood forests to evergreen landscapes and countless beautiful lakes and rivers. The Adirondacks offer stunning natural beauty in the 6 million acres of protected land.

The Pharaoh Lake Wilderness Area is located in the eastern Adirondacks near Lake Champlain, home to Fort Ticonderoga. This area was scorched by forest fires in previous years and has recovered with concentrations of pine forests. Pharaoh Mountain is located within this Wilderness area and offers views of the surrounding valleys and landscape, into New York and back into Vermont's Green Mountains. The Wilderness Area is also home to many ponds and rivers, offering scenic camping sites.



<http://www.the-boogiemen.com/hiking/2006.htm>

PANORAMA VIEW FROM THE SUMMIT OF PHARAOH MOUNTAIN